

Ruach רוח

The Magazine of Bournemouth Hebrew Congregation



Desach Sameach

5786 / 2026



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Ruach רוח

EDITORIAL

This is the first Pesach the Community is celebrating in our new home. Despite all the misgivings of doubters the building and grounds have gradually evolved and we are beginning to enjoy the fruits of many people's labours. We were able to have fun here commemorating Purim and will PG be observing Pesach including holding a communal Seder on the first night of Yom Tov. As further progress is made and the main Sanctuary is completed our appreciation of our new home as we honour the Festivals, as well as Shabbat and the daily minyanim, will be even greater.

Last year as we celebrated Pesach the plea of "Let my People Go", was so poignant as the Hostages were still in captivity. We hoped that after their release that times would improve but sadly this has not been the case. The offensive in Gaza has suppressed militants there at present, but Israel still faces Hamas and Hezbollah aggression, and at the time of writing war with Iran is still raging. Those living in Israel are having to face warning sirens both night and day, and they have to flee to Shelters for safety.

Wishing Rabbi and Rebbetzen Lewis and all the Community, Pesach Kosher V'Sameach

CORINNE REIN – Editor

ROSAMUNDE BLOOM – Assistant Editor

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Cover shows the exterior and the entrance to the Shul

The Editors of Ruach wish to state that the views expressed in articles are those of the contributors.

Contributions for the Ruach Rosh Hashanah edition to be received by 11th August 2026.

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BETTINA GOULD – CHAIR'S REPORT PESACH 5786

The months since Chanukah have been busy and uplifting at Bournemouth Community Hebrew Congregation, with a wonderful range of services, events and gatherings bringing people together. Once again it has been lovely to see the warmth, participation and generosity that define our Kehilla.

As winter slowly begins to give way to the first signs of spring, these occasions have created many meaningful moments of connection and shared celebration, while also marking an important chapter as we continue settling into our new Shul home on the East Cliff.

The past few months have certainly reminded us how much can be achieved when a community works together.

Work in the building has continued steadily behind the scenes. Whilst we have already been enjoying Shabbat and weekday services in the Shul Hall, progress towards completing the main Prayer Hall is now moving forward "full steam ahead", and we look forward with great excitement to its completion.

Alongside the internal works, the outside of the building has also seen lovely improvements. The garden has been landscaped with a new patio and rockery featuring a gentle waterfall, creating a peaceful space for summer and future provision for our Succah.

None of this progress would be possible without the extraordinary dedication of those who continue to guide and oversee the project. I would like to pay particular tribute to Simon Lurie, whose leadership and vision have been instrumental throughout this journey.

My sincere thanks also go to Simon Pinner, who quite literally lives at the building overseeing its completion together with Jonathan Marriott, whose weekly journeys up and down the motorway have become almost as regular as our Shabbat services. Together with the wider relocation and project teams, their efforts have all been vital in bringing this remarkable project closer to completion.

One of the most special moments of the past few months was our celebration of Tu B'Shevat, the New Year for Trees. Members of our congregation joined the community tree planting organised with the Parks Foundation at Baiter Park, contributing to the local environment. We also marked the occasion with a meaningful fruit tree planting in the grounds of our new Shul — a particularly fitting moment as our congregation continues to establish itself in its new home. Just as trees

take time to grow and flourish, so too does a community build its future through patience, dedication and shared commitment. The afternoon concluded with a lovely "Fruit Tea", marking a memorable first Tu B'Shevat in our new Shul.



Our Kehilla soon gathered again to celebrate the joyous festival of Purim, always one of the most lively and enjoyable moments in the Jewish calendar. The celebrations began with the Mishloach Manot preparation in Shul, organised by Rebbetzen Miriam and Loraine Berlyn, with volunteers packing and distributing parcels across the community so that many members could share in the joy and mitzvah of Purim.

Purim itself was celebrated with great enthusiasm, with three mellifluous Megillah readings led by Rabbi Lewis, while the sound of graggers and stomping feet filled the Shul as we retold the timeless story of Esther and Mordechai. The celebrations continued with our Purim Seudah, expertly organised by Mandy Glazer and her dedicated team of volunteers.

The tables looked beautiful, the food was plentiful and everything ran seamlessly thanks to their careful planning. A particular highlight was the musical performance by the "Half Shekels" — Barry Sklan, Brian Bradley and David Perry, whose spirited singing added great fun to the festivities.

On Sunday 8th March, twenty members of our community took part in a fully accredited QA Level 3 Award in Emergency First Aid at Work (RQF) course held at the Shul and delivered by 1st Response Training. The full-day course provided valuable practical training in emergency First Aid, ensuring that more members of our Kehilla are equipped to respond confidently in an emergency. A highly beneficial day of learning was enjoyed by all who took part.

Since January, we have also been delighted that the Sephardi community have begun holding their monthly services upstairs in the Shaare Zedek Hall. It has been such a pleasure to see our building being used in this way, further strengthening the sense that our Shul is a home for both our Ashkenazi and Sephardi members. We look forward to continuing this warm and cooperative relationship in the years ahead.

On behalf of us all at BCHC, I would like to acknowledge and thank Rabbi Lewis and Rebbetzen

Miriam for the roles they continue to play in the spiritual and communal life of our congregation. Their presence and involvement in our Shul life are very much appreciated, and we thank them both for their ongoing contribution to the Kehilla, helping our community continue to prosper.

I would also like to take this opportunity to thank the Senior Trustees, together with my Joint Vice-Chairs, Marilyn Dexter and Simon Pinner, and all our Board members, for their considerable contribution to the life of the congregation. I work closely with many of them across a wide range of matters, and their experience and willingness to help are greatly valued. Much of this work takes place quietly behind the scenes, but it plays an important part in ensuring that our Shul continues to run smoothly and responsibly. Beyond this leadership, the strength of BCHC lies in the many people who give their time so generously to support our community.

Our deepest thanks go to The Bournemouth Guild whose continued dedication and energy contribute so much to the warmth and vibrancy of our communal life. It's not just about Kiddushim or Simchat, they play an integral part in the Chessed for our community and we thank them for their endless dedication.

We are enormously appreciative of our Security Team, whose quiet professionalism and constant vigilance ensure that everyone attending our Shul can do so safely and with peace of mind, especially in these challenging and uncertain times.

Their dedication and willingness to stand on the front line week after week are deeply valued. In a world where the safety of Jewish communities can never be taken for granted, their presence and commitment play a vital role in protecting our Kehilla and enabling our Shul life to continue safely and confidently.

We extend our sincere appreciation to our Wardens, whose dedication in supporting our services each week, during the weekdays and on Shabbat and Yom Tov, and all the preparation that entails, ensures that services run smoothly and that members and visitors are always welcomed warmly.

I would also like to acknowledge with deep respect the work of our men's and ladies' Tahara teams, who undertake the sacred responsibility of the Chevra Kadisha. This is among the most sensitive and important mitzvot in Jewish communal life, carried out quietly and with great dignity, and we deeply appreciate those who perform this holy work on behalf of our Kehilla. Earlier this year we honoured them at our annual Chevra Kadisha Dinner, a very special and meaningful evening.

I am pleased to report that our BCHC Tahara teams are now working together with the Chabad Tahara teams at Throop Cemetery, and we were delighted to welcome them to the dinner together with Rabbi Bentzion Alperowitz as our guest speaker.

Many volunteers across our Kehilla contribute their

time, energy and generosity in countless ways, assisting with events and hospitality, preparing Kiddushim and supporting communal activities. We are equally grateful to those whose quiet sponsorship helps make so much possible. Together, they are the strength and heart of our Kehilla.

We are always delighted to welcome new volunteers and additional help in all areas of Shul life, and anyone who would like to become involved will always be warmly received.

Our profound thanks go to Corinne Rein, Editor of this Pesach edition of Ruach, with her assistant Editor, Rosamunde Bloom, for the time, care and dedication invested in producing each issue. We are also appreciative of the advertisers, volunteers and office staff whose support helps make the magazine possible. Ruach remains a wonderful way of keeping our Kehilla connected, sharing news and stories from across our community. Yashar Koach to everyone involved in bringing each edition to life.

On behalf of BCHC, I would also like to extend our warm thanks to Debbie Rodgers and Wendy Foot in the administration office, Angela Ohren-Bird in the accounts office, and to our caretakers Duncan Fudge, Jonald Vioya and Richard Robertson.

Together they work tirelessly behind the scenes to ensure that the building runs smoothly and that the administration of the Shul continues seamlessly. They keep the "BCHC ship" steady and on course, quietly warding off the small storms and challenges that inevitably arise along the way.

Since our move and during the building works, understandably the Shul Shop has not been able to be opened. We are grateful to the community for their patience and understanding during this period. After Pesach we hope to be in a position to reopen the shop properly and return to "business as usual".

Preparations within the Shul for Pesach are already underway. We look forward to welcoming members and guests to our historic first Communal Seder in our new home, which promises to be a warm and meaningful evening for all who attend. For those wishing to partake of Seder at home, "Take-Away Home Seder" meals will once again be available, helping ensure everyone in our community can mark the festival with ease. I look forward to reporting in the next edition on what I am sure will be a meaningful Pesach for our Kehilla.

Reflecting on the months since Chanukah, one cannot help but feel proud of the remarkable spirit of our congregation. From volunteers and those supporting services each week to the many people helping bring our new building closer to completion, our Kehilla continues to be defined by warmth, generosity and shared commitment as Pesach approaches.

Keith joins me in wishing the Rabbi and Rebbetzen, Trustees, Executive and Board, and all our members, volunteers and friends a **Chag Pesach Kasher v'Sameach**.



PESACH MESSAGE 5786

"A kippah and a Kiddush cup."

This was Keith Siegel's request when he emerged from 484 days of unimaginable torture at the hands of Hamas in Gaza.

His daughter, Shir, had gently asked him what he would like for his first Friday night at home. Despite not having a religious background, his instinct was to make Kiddush. He chose to celebrate his freedom with a timeless expression of his Jewish identity.

His request carries a remarkable echo of our exodus from Egypt.

As the Israelites miraculously crossed the Red Sea, they burst into song: "Zeh Keili v'anveihu – This is my God and I will glorify Him."

The Talmud teaches that we glorify Hashem by beautifying our mitzvot – by wearing tefillin with pride, lighting Shabbat candles with care or by embracing our Jewish practice as a privilege to be cherished and enjoyed.

Other commentators including Onkelos, Rashi, Ibn Ezra and Ramban note that the word 'V'anveihu' comes from the root 'naveh' which means a home. Therefore, v'anveihu means: "I will build Him a home." From the very birth of our nation, we have built places where the Divine presence could dwell – the Sanctuary, the Temple, and now our Shuls.

Rabbi Shimshon Raphael Hirsch takes it one step further with the literal translation: "I will become a home for Hashem." It's not only buildings, but people. Not only institutions, but identities. Our very lives are to be living testimonies to Hashem's presence.

That was Keith Siegel's instinct. When liberated, he chose to become a home for Hashem. His quiet request contains a powerful message for us all.

Recent years have tested us profoundly. We have faced hatred on our streets, fear in our communities and deep concern for the future of Israel. And yet, alongside the pain, we have witnessed extraordinary moments of salvation and resilience.

Against all odds, every single hostage has returned home. Israel has not only endured, but in many ways has grown stronger. Despite unspeakable targeted acts of terror and the continued scourge of anti-Jewish hatred, Jewish life in the Diaspora continues to flourish. These are astonishing modern-day miracles.

So how should we respond to them?

Let us not be tempted by anger nor retreat into fear. Both responses are understandable, but corrosive. If we allow hatred to shape us, then our enemies still control us. If we define ourselves only through suffering, we surrender the joy and purpose at the heart of Judaism.

The Torah's answer is: Don't curse your enemies, nor hide who you are. The most powerful and effective answer to those who seek to intimidate and attack us is to wear our identity with yet greater pride. To walk taller and sing louder. To strengthen Jewish homes, Shuls and schools.

To enhance our commitment to Jewish life. That was the quiet heroism of Keith Siegel. And that must be our heroism too.

Valerie and I wish you all a chag kasher v'sameach,

Chief Rabbi Ephraim Mirvis



A MESSAGE AT PESACH FROM RABBI ALAN LEWIS

THE FOUR EXPRESSIONS OF REDEMPTION

Hashem says

"I shall bring you out." (Exodus 6: 6 – 7)

"I shall save you."

"I shall redeem you."

"I shall take you for a people for Me"

The Jerusalem Talmud tells us that the famous four cups of wine that we drink at the Seder correspond to these four expressions of redemption quoted above.

Rabbi Chaim Schmall asks why was there a need to have these four expressions of redemption?

Also, what is the reason that in the Gemorrah Pesochim, Rav Huna says that if a person drinks all four cups one after the other, then he has not fulfilled his obligation of having the four cups of wine at the Seder?

The Seforno and the Malbim, explain that the redemption from Egypt came, in four very distinct stages.

The cessation of bone crushing labour to make bricks without straw, stopped immediately with the onset of the plagues.

Hence the first expression of "I shall bring you out from the burdens of Mitzrayim."

After the plague of the Death of the First Born, servitude to our Egyptian masters ceased.

This was the second expression of redemption of "I shall save you from slavery".

However, we were still subjugated to Pharaoh, and this subjugation did not end until the Egyptians were drowning in the Yam Suf (Red Sea).

This was the third expression of redemption,—"And I shall redeem you".

The ultimate goal of redemption from Egypt was receiving the Torah, and on this, the Torah writes, "I have taken you to me for a people, and I shall be for you, a G-d."



Since these four expressions hint to four very distinct and separate times, the Chachamim (the Rabbis) decreed that at the Seder we must drink four cups of wine at four different clearly defined times during the Seder.

Consequently, if a person would drink all four cups all in one go, he would have not fulfilled his obligation.

לשנה הבאה בירושלים וחג כשר ושמח

May Hashem bless us this Pesach and bring about our final redemption and allow us to celebrate the Seder and the great Yomtov of Pesach in Yerushalayim our holy city.

Rabbi Alan and Rebbetzen Miriam Lewis

PESACH MESSAGE FROM B.O.D. PRESIDENT

5786 / 2026

At Pesach, we remember the journey of the Jewish people from oppression to freedom, from darkness to light. Since ore to celebrate in the coming year.

We have gone through one of the toughest periods for the Jewish people in our living memory, but we have resilience in our DNA and we will come back stronger.

It just remains for me to wish Pesach Sameach to you and your families from everyone at the Board of Deputies.

As we gather with family and community to celebrate this season of renewal, we do so determined to reframe the Jewish experience in Britain. We want less "oy" and more joy.

That is why, in 2026, we are launching the first-ever Jewish Culture Month to celebrate the diverse achievements of our wonderful community.

Yet we cannot ignore the profound challenges of the past year. Our community has endured deep sorrow: the murder of two innocent members of our Manchester community killed in a brutal terrorist attack, and the horrific shooting in Sydney which claimed 15 lives.

These tragedies weigh heavily on us, reminding us of the urgency of our work.

Rising antisemitism, extremism and polarisation show that we face a fight for the soul of our nation. It is not just a challenge for our community, but for our society as a whole. It is a battle we must fight. And a fight we must win.

In the Middle East, there are hopeful signs. We can start to hope again for a better and more peaceful future in Israel following the ceasefire and release of the hostages.

We are also building on the momentum of our interfaith Optimistic Alliance, our expanding heritage plaque programme, and our growing Civic Shabbat initiative.

These projects celebrate who we are and strengthen the bonds between our community and wider society.

Since my election, the Board of Deputies has focused on five priorities to build a stronger,

safer, and more confident Jewish future.

The challenges have been relentless, but I am proud to share the progress we have made:

Fighting antisemitism

The Commission on Antisemitism, co- chaired by Lord John Mann and Dame Penny Mordaunt, delivered a landmark report with practical recommendations to tackle anti-Jewish discrimination across public and professional life.

Our advocacy has already helped secure a change in the law that will ensure protests are kept away from our synagogues.

Following the Heaton Park terror attack, we presented the Government with a clear set of priorities for a comprehensive national strategy on antisemitism, to which they responded with a series of new policies.

Yet we continue to insist on action, not just words, to keep our community safe.

We also intervened robustly after Maccabi Tel Aviv fans were unjustly barred from attending a match in Birmingham.

The forced departure of the West Midlands Chief Constable has drawn an important line about what our community and society regard as acceptable.

Our advocacy has already helped secure a change in the law to ensure protests are kept away from our synagogues.

Standing up for peace and security in Israel and the Middle East

Since 7th October 2023, we campaigned tirelessly for the hostages, organising national events with tens of thousands of attendees, as well as weekly vigils outside Downing Street and the Scottish Parliament, launched our Adopt a Hostage initiative, and coordinated national campaigns at Chanukah and last Pesach.

We rejoiced at the return of those who came home alive and grieved with the families of those who did not.



We will contribute in any way we can to promote peace and security for Israel and the wider Middle East, so that we never again witness another 7th October, nor endure the turmoil of recent years.

This will include a relentless campaign against Hamas, Iran, Hezbollah, the Houthis, the Muslim Brotherhood, and other terror proxies, and strive to find partners for peace and build on the historic Abraham Accords.

We will continue to ensure that the voices of British are heard by governments in the UK, Israel, and beyond.

Defending our religious freedoms Protecting the ability of Jews to fully express their Judaism is central to our work.

Our updated Employer's Guide to Judaism is supporting individuals facing workplace discrimination and our successful BoD@Work conference looked at how we could support Jewish professionals in the workplace.

We are also working with other faith communities to secure government recognition of Judaism as both a religion and an ethnicity, strengthening legal protections for Jewish rights across all sectors.

Making our community more united, inclusive, and outward-looking since being elected, I have visited Jewish communities in every nation and region of the UK.

These visits reaffirmed the diversity, resilience, and warmth of our community.

Early in my presidency, we launched the Optimistic Alliance with Muslim partners to counter prejudice, challenge extremism, amplify mainstream voices, and defend shared religious freedoms.

This year, we will launch a Commission on Disability Inclusion to ensure our community is accessible, welcoming, and inclusive for all.

Celebrating our faith, heritage, and culture

This year will see the inaugural British Jewish Culture Month – a celebration of our history, creativity, and our contribution to the UK's cultural tapestry.

It is an opportunity to share our story with pride

and to deepen understanding of the richness of Jewish life in Britain.

We have launched our Jewish Heritage Plaque scheme, which illustrates the history of the Jewish community in the UK over many years and also highlights the contribution to British culture and society of outstanding individuals.

We are teaching of Judaism in non-Jewish schools through Jewish Living Online, a free digital education resource, which has been used by more than 70 schools.

And our travelling Jewish Living Experience Exhibition is continuing its journey around the country, educating non-Jewish children and adults about our way of life.

As we gather around the Seder table, may the themes of liberation, resilience, and hope inspire us all.

Wishing you and your families a Chag Pesach Kasher v'Sameach.



Phil Rosenberg



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The Council of Christians & Jews (CCJ) Bournemouth and Wessex Branch



CCJ are pleased to announce two very special events on Sunday 19th April 2026, in honour of Yom HaShoah, which falls during the following week.

March of Life (3 pm to 4.30 pm)

The first is our annual March of Life, which we are organising in conjunction with the March of Life organisation – <https://marchoflife.uk>.

Please assemble by 2.55 pm at the Holocaust Memorial Stone in the Bournemouth Upper Gardens, where there will be a brief introduction. We will then walk a short distance to a final meeting point where there will be the lighting of candles, speeches and prayers.

Readings will include the names of individuals, with a local connection, who perished in the Holocaust. If you would like the name of a person from your friends or family etc. to be included, please email their name to molbcp@hotmail.com

A Father and Grandfather's Exodus Story (7.30 pm to 9.00 pm)

The second event will be held at the new synagogue of Bournemouth Community Hebrew Congregation, beginning at 7.30 pm. that evening. We are privileged to have two inspirational guest speakers from Israel, a mother and daughter, Ayelet and Noam. They will tell the story of Ayelet's father and grandfather, who were survivors of the Holocaust, attempting to reach Eretz Israel on the Exodus ship, before being sent back to camps in Germany.

Entrance to the Synagogue will be via the Manor Road path, indicated by the sign: "28a Manor Road". The full address for navigation is 28a Manor Road, Bournemouth, BH1 3BN.

Our guests from Israel will also be speaking briefly at the afternoon event.

Light refreshments will be provided at this event.

Suggested voluntary donation of £3.00 will be collected on the door.

- **Dorset Police have been advised of both events, and CST will also be in attendance.**
- **If you wish to attend either event, please reply by email with your full name and confirm how you heard about the event. Please bring photo ID such as a driving licence or passport.**
- **We look forward to seeing you and should you have any questions, and to confirm your attendance, please email us at molbcp@hotmail.com**



HOLOCAUST MEMORIAL DAY ANNUAL COMMEMORATION 2026

Once again, the Bournemouth and Poole Holocaust Memorial Day Committee held their annual commemoration at the Lighthouse, Poole.

On Sunday 25th January, despite the usual January inclement weather, approximately 280 people gathered at the Lighthouse, Poole to join in this solemn day. The audience included the Lord Lieutenant of Dorset, the Mayors of Bournemouth, Christchurch and Poole, MPs Tom Hayes, Jessica Toale and Neil Duncan Jordan, as well as the Chairman of BCP and other Councillors

The theme for this year was "Bridging Generations", which was perfectly demonstrated by the two key speakers, firstly a young student who had visited Auschwitz under the project run by the

Holocaust Education Trust – "Lessons from Auschwitz".

The second speaker was Melvyn Leach a representative of Generation 2 Generation (G2G) an organisation that trains descendants of survivors to share their family stories.

The memorial candles were each lit by a younger and older person thus 'Bridging Generations'.

Maisie Kiff, the student representing the "Lessons from Auschwitz" project, spoke movingly about her visit. Though they were not able to spend a great deal of time there, she particularly noticed the vastness of 'that' place and the silence. She spoke with great feeling and was a wonderful representative of the Project.

Melvyn Leach from G2G recounted the story of his relative Willy Halpert with very professional filmed testimony. Willy now lives in Canada but is closely connected to Melvyn's family.

Willy was hidden as a



(Above) The 2026 National Holocaust Day took place at the Holocaust Memorial in Bournemouth Gardens (circled) Jonathan Lamski lit the Memorial Candle

small child in Belgium by a brave lady who helped many young children survive and remarkably included our own Henry Schachter, who was also hidden by the same lady, known to them all as Mademoiselle!

There was a Q & A session with Melvyn answering excellent questions from many of the younger members of the audience.

Feed back illustrated that the audience left the auditorium very impressed by the speakers and the whole event!

The Committee would like to thank all those who gave donations so they can carry on the work.

The Committee also wish to thank the Security Team volunteers lead by Andrew Kaye for their diligence in ensuring we were all kept safe

Since the Holocaust Memorial in Bournemouth Gardens was put in place in 2015 the Bournemouth and Poole Committee has marked the day on National Holocaust Memorial Day.



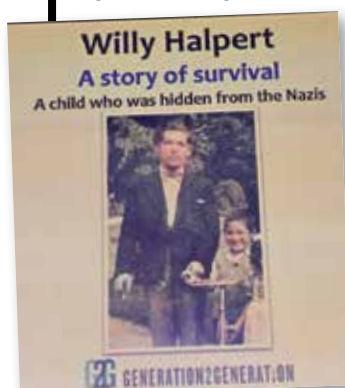
Maisie Kiff (left), the student representing the "Lessons from Auschwitz" project



Henry Schachter and Melvyn Leach



Deputy Mayor, Councillor George Farquhar



HOLOCAUST MEMORIAL DAY ANNUAL COMMEMORATION 2026



Jonathan Lamski with Lynda Ford-Horne

This year on 27th January a short event took place in the Council Chamber of the Town Hall (Civic Centre) .

It was led by Lynda Ford-Horne, chair of Bournemouth and Poole Holocaust Day Committee, who introduced the speakers, commencing with Jonathan Lamski, son of a survivor, who lit the Memorial Candle.

Marilyn Dexter, whose late father was one of the first British troops into Belsen, then read the poem "We Remember Them" by Sylvia Kamens and Rabbi Jack Riemer.

A reading given by Councillor Lawrence Williams of "First They Came" by Pastor Martin Niemoller was again a stark reminder of what can come of ignoring immoral behaviour.

Rabbi Alan Lewis recited Kaddish. He was followed



Marilyn Dexter read the poem "We Remember Them"

by the final speaker at the event, Deputy Mayor Councillor George Farquhar, who gave a presentation of "Belsen Silence", a poem by Iolo Lewis who served in the British 11th Armoured Division, which liberated Bergen-Belsen in April 1945.

The event then adjourned to the Holocaust Memorial in Bournemouth Gardens, where a candle was lit in the Memorial. Rabbi Lewis recited Kaddish and for the benefit of the non-Jewish attendees explained its meaning.

Josephine Jackson



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So if you need advice with a human face, call 020 8922 2222, email helpline@jcare.org or visit jewishcare.org

JEWISH CARE

EXCITING DEVELOPMENTS

Phase 2 of our new shul's refurbishment is nearing completion – the transformation and "wowification" of the main shul itself.

Whilst we had the rest of the building (more or less) ready for our move-in on 31 October and have subsequently reconfigured the kitchen, redone and planted the garden and built the succah framework (5), the main shul has been the subject of detailed design and construction activity to turn the stunning concept of Sophie Franks Designs into reality.

In parallel with the final five parshiot of the book of Shemot, we have been engaged in a labour of love to get everything millimetre perfect in our mikdash me'at and to create a space as beautiful as our previous home from which to daven for the next 120 years. That it has taken a few extra months to achieve this - whilst we have enjoyed the rest of the building - will be well worth it in the end.

That it has taken a few extra months to achieve this – whilst we have enjoyed the rest of the building – will be well worth it in the end.

The photographs numbered 1 and 2 – taken from the same spot – show the transition from what was to what will be.

- the shul has been opened up to the east (note the pile of bricks) and shortened on the west to expand the kitchen, provide space for the shop and create a storage mezzanine above

- a new sculpted and lit ceiling has been created

- white walls have been clad in warm wood finishes, floor to ceiling, ready for our memorial boards to be rehung

- a towering and secure Aron Kodesh to house all our sifrei torah, flanked by enclosed storage shelves for Machzorim, Selichot books and other items adorns our Mizrach wall (3).

- light boxes run around the remaining perimeter to light up the digital reproduction of our beloved stained glass windows with room for newly commissioned designs too

- the stunning parochet (Ark curtain) is in pride of place for yom tov whilst a temporary floor covering awaits our bespoke carpet set to arrive in late May along with the decorative metal doors framing the Aron Kodesh.

- The Ner Tamid (4) which is above the Aron, was brought from Wootton Gardens, and had been donated by Laurence Cohen in memory of his parents Reverend Israel and Freda Cohen.

We look forward to everyone enjoying our new space as we spring forward into the next phase of our congregation.

Wishing one and all Chag Kasher v'Sameach

Jonathan Marriott, Simon Pinner
and the building team



TU B'SHEVAT



Planting trees at Baiter Park, Poole

This Tu B'Shevat once again the Parks Foundation kindly hosted us to plant trees at Baiter Park, Poole.

For Rabbi Lewis it was the first time he had planted trees on Tu B'Shevat, and he joined everyone with enthusiasm as we were reminded how we must share the responsibility to care for the world around us.

That afternoon fruit trees were planted in the grounds of the Synagogue.

Simon Lurie spoke how these trees are not just symbolic but it is hoped these trees will eventually bear fruit, and will be used by the community for example at Sukkot.

Everyone there then moved inside where, as well as very welcome hot drinks, platters a delicious fruit and cake was there to be enjoyed.

Bettina Gould





Fruit trees were planted in the grounds of the Synagogue during the afternoon

Simon Lurie speaking when fruit trees were being planted



PURIM



A dozen women joined Rebbetzen Miriam in making forty gift bags of Mishloach Manot for people who often find it difficult to come along to communal events.

Before the event Rebbetzen Miriam gave a talk on Purim and on the giving of Mishloach Manot. Loraine Berlyn organised a list for distribution between the volunteer packers so the gifts would arrive in time for Purim.

Our Purim celebrations began after Maariv when Rabbi Lewis read the Megillah to a packed shul, where it was standing room only.

We then enjoyed Hamantaschen, cake and drinks although the situation unfolding in Israel was not far from our minds.

The Megillah was then read by Rabbi Lewis during Shacharit and then once more before the Purim

Seudah, held for the first time in the dining hall of our new premises.

Amazingly a delicious meat lunch was catered "in house" and followed with entertainment by Barry Sklan, Brian Bradley and David Perry, aka the "Half Shekels".

Corinne Rein



FROM PLAYFUL PUPPY TO SERVICE DOG

GIVING A HELPING PAW

An account by LAUREN NOAH, of Pardes Hanna, Israel, daughter of our member, June Noah

Since 7th October 2023 there have been two questions always on my mind :- "What can I do?" and "How can I help?".

We donate to worthy causes; we bought the gifts being sold to raise money by the Hostages and Missing Families Forum, we demonstrated for the return of ALL the hostages, and we try to support the bereaved families we know (two of my son's good friends were killed in Gaza: - Yinon.Tamir z"l and Orr Blumovitz z"l.). However, it never seems to be enough.

At the end of June 2025, a good friend sent me a link to an advertisement from the **Therapeutic Riding Centre of Israel (TRCI)** <https://www.trci.org.il/en/> looking for foster families for puppies that will be trained to be emotional support dogs for PTSD sufferers. I immediately filled in the preliminary questionnaire and they answered that we could be a good fit and I should complete a more detailed questionnaire. At this stage, I thought it was time to discuss the option of fostering a puppy with my husband and sons! They agreed immediately. We were then invited to a presentation at the TRCI's impressive centre in Tel Mond.

The presentation explained the requirements of being a foster family and what the trained emotional support dogs do. We were told they worked with Labradors, Golden Retrievers and Poodles. We were completely sold on the idea and confirmed we would like to proceed (We did ask, if possible, not to be given a Poodle as there was no way my boys would be seen walking a Poodle!).

The programme is backed by the Ministry of Defence and financed with donations from Friends of the IDF (FIDF) <https://www.fidf.org/>

Three weeks later, Duncan, a 2 month old Golden Retriever puppy, came into our lives. It was love at first sight!

For the first two weeks, it was just three of us at home – Duncan with me and my husband. My eldest son was just finishing a 3 month post-army trip across the USA and my other two sons were visiting family in France and England.

For the first couple of nights I slept on the sofa next to Duncan's cage in order to keep him company and to give him toilet breaks every couple of hours.

The first week was exhausting and the mixed feeling of tiredness but happiness reminded me of when my children were younger.

We slowly got into a routine

and our dog, Olly, began to discover that it is fun to play with Duncan.

It is important for the puppies to be introduced to as many sounds and smells

as possible at an early age so once Duncan had his first set of vaccinations and we were able to take him out of the house, we began walking with him everywhere. At this stage, we were walking and Duncan was sitting in his trolley as he was still not vaccinated enough to walk on the street.

The best place was the local farmer's market (Saba Yossi's) on Friday mornings where we would sit and drink coffee while Duncan looked around and received a whole lot of compliments from the people passing by. The most difficult thing for us was telling people they could not pet Duncan as he is in training to be a service dog but everyone was understanding and some were interested to hear more about this amazing programme.

Two weeks after Duncan's second vaccination he was allowed to go for walks on the pavement and to meet with other vaccinated dogs – it was time to meet up with his sister, Frida, who is also part of this programme and is being fostered by my good friend. It was amazing ...

Once Duncan had his third vaccination and was able to go everywhere, there was no stopping us. Walks now included expeditions to the fields near our house and we tried to take him to the beach at least once a week. As Duncan is a typical Golden Retriever, he loved the water and couldn't wait to get wet. When the rains in the autumn came, Duncan had the opportunity to discover the fun of mud baths.

We were fully supported by TRCI and their trainers. Everything required to raise Duncan was provided. The only expense we had was the petrol we used when taking Duncan to the vet that works with TRCI and for occasional visits to the centre, both located in Tel Mond. In the beginning, our trainer met with us once a fortnight at our home to see how Duncan was developing, and to give us instructions and tips on the next stage of his training. Once Duncan was fully vaccinated, we began taking Duncan to the centre every 3 weeks so he could get used to the centre and begin training in a different environment.

We were expected to teach Duncan the basic instructions: sit, lay down, stay, to walk nicely (not to pull on the leash) and to not eat from the floor.

Our dog, Olly, can do some but not all of these so we were all learning. With Olly we were quite happy for him to be 80-90% trained but with Duncan it felt like we were on a mission to ensure he was the best trained dog so that when he went back to TRCI for further training and then on to his



Duncan in his trolley before his vaccinations



Duncan meets his sister Frida

forever family, there would not be any issues.

This was one of the most rewarding things I have ever done. Raising Duncan was so enjoyable. It

wasn't easy and it was extremely time consuming. With two of my sons spending a lot of their time in reserve duty and my youngest son doing a year of service with HaShomer HaChadash before going in to the army, it really was just my husband and myself taking care of Duncan.

My husband and I are lucky enough to work flexible hours so that we were able to be at home when required as Duncan could not be left alone for more than 5 hours. The company I work for was completely supportive and agreed to let me bring Duncan to the office 1-2 times a week, which gave Duncan exposure to both the office environment and travelling on public transport. This amazing opportunity would not have been possible without their understanding.

In January, after just over 5 months with us, we returned Duncan to TRCI for the next stage of his training (2 months at the TRCI base at Tel Mond and then to begin to work with his forever family). It was not easy and many tears were shed. When we returned a week later for the foster

families Thank You ceremony we saw how well Duncan had settled in and was well on his way to becoming one of the pack.

A few days after returning Duncan, when we were at the height of missing him, my son was in town and met someone with a dog wearing a vest with the FIDF logo. They began talking and my son told him we had just finished fostering a puppy for the programme. The man said what an amazing thing we had done and his emotional support dog had changed his life.

Duncan definitely became part of the family during the short time he was with us and he took a piece of our hearts with him when he left. We know Duncan will be the most amazing emotional support dog for someone who needs him and our hope is that he will make that person's life, and their family's, so much better.

Seeing Duncan so settled and hearing first hand that this programme does make a difference, we have decided to go through the whole process again. We are looking forward to welcoming our next foster puppy from TRCI sometime in March.

Duncan and the family



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FIRST AID COURSE



On Sunday 8th March, twenty members of Bournemouth Community Hebrew Congregation spent the day learning some truly life-saving skills.

The Shul hosted a fully accredited QA Level 3 Award in Emergency First Aid at Work (RQF) course, delivered by Jo and Jock from 1st Response Training, who came to the Shul to lead a full day of practical and hands-on learning.

The course covered a wide range of essential first aid skills including CPR, how to recognise and respond to cardiac arrest, dealing with choking, treating injuries and managing emergency situations calmly and effectively.

There was plenty of opportunity to practise techniques — sometimes accompanied by a little nervous laughter — but always with the

understanding that these are serious skills that could one day make a vital difference.

An important part of the training included learning how to use the defibrillator located in our Shul, ensuring that members now feel confident and prepared should it ever be needed.

Our thanks and appreciation go to Ellard

Roberts and Lucy Avissar, who arranged the course and coordinated this very worthwhile day, together with Simon Pinner who kindly arranged the screen and sound system for the training.

With twenty newly trained First Aiders in our Kehilla, we are now even better equipped to look after one another.

Bettina Gould

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ON BEING A JEWISH STUDENT AT UNIVERSITY

This thought provoking article written by KALILA BRADLEY was forwarded by her grandparents, our members, Celia and Brian Bradley. Kalila is a student at Cardiff University, formerly at JFS

The first time I experienced antisemitism, I was 18 years old, living in a different country (Wales), but surrounded by people I trusted. My university campus, a place that had quickly become my second home, suddenly felt unsafe, and I found myself entirely alone.

What hurt me most was not only the words said, but how quickly they were dismissed. What felt unmistakable to me seemed invisible to everyone else. It happened without warning.

A light-hearted joke about my dislike for Kanye West was seized upon as justification to label me a "propaganda-posting genocide supporter."

For over half an hour, a group chat of my then-friends became a platform to distort my character through blatantly antisemitic tropes.

I felt I had no choice but to defend myself, uncomfortably aware that silence on my part would allow these stereotypes to solidify. My fears for both my reputation and my safety felt justified because beyond the attack itself was a deafening silence.

When I later tried to explain why what had happened was antisemitic and frightening, the response stayed the same: silence or disbelief. I was told I was overreacting, that I was reading too deeply into it, that I should give the benefit of the doubt to the intent.

I was stunned not only by the dismissal, but by who it came from: people who proudly championed movements centred on believing victims of racism when they name their experiences.

When it came to antisemitism, it seemed that instinct disappeared. It has since become clear that growing up in what is often called the "Jewish bubble" (Edgware) was a privilege I did not fully understand until I left it. I feel the contrast most sharply when I return home from university.

On the London Underground, I see a man in a kippah, a woman in a sheitel, and children reading Jewish stories. I feel seen in the glow of Chanukiahs flickering in windows, rather than twinkling Christmas trees. In these moments, Judaism feels visible, communal, and safe.

My community gave me safety and protection in my Jewish identity. We have celebrated loudly and grieved without isolation. Silence was never the default response to Jewish joy or pain.

At university, I discovered how different the world outside that bubble can be. I learned that silence in the face of Jewish suffering is often the easiest option, and therefore the most common.

Over the past two and a half years, this silence has

repeatedly unsettled and hurt me. "This is the point of survival, and it requires visible, vocal solidarity." Silence is interesting in that it most often appears, not as cruelty, but as discomfort.

It lives in clumsy topic changes, in vague expressions of concern, in the decision to say nothing once antisemitism has been named. Silence is frequently mistaken for neutrality, but to the person being targeted, it is a choice with weight.

When no one speaks, the message is unquestionably clear. That message has been reinforced in moments of collective trauma.

Friends who describe themselves as progressive said nothing after the Manchester attack on Yom Kippur. The silence was louder still after four antisemitic attacks took place on the first night of Chanukah.

Each absence of response consolidated a message I was quickly learning: allyship with the Jewish people is often conditional, existing only until it becomes inconvenient, uncomfortable, or incompatible with another pre-existing narrative.

Yvonne Louise
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UP AND COMING SEPHARDI SERVICES

Bournemouth Sephardi Association hold their services at the new Sha'are Tzedek Hall, BHC, 28B Manor Road.

Our Services commence at 9am unless otherwise stated and always followed by a Traditional Sephardi Kiddush **including on Pesach!!!**

You **DO NOT** need to be a Sephardi to attend; come along and enjoy our warm, meaningful and welcoming services

Thursday 2nd April – 1st Day Pesach at 9am

Shabbat 2nd May at 9am

Friday 22nd May, 1st Day Shavuot at 9am

Shabbat 13th June at 9am

Shabbat 4th July at 9am

Shabbat 25th July at 9am

Shabbat 15th August at 9am

Shabbat 12th and Sunday 13th September, both days Rosh Hashannah at 8am

Sunday 20th September, Kol Nidre – time TBC

Monday 21st September, Yom Kippur – Time TBC

Shabbat 26th September, First Day Sukkot at 9am

We look forward to welcoming you at our Sephardi Service.

Bournemouth Sephardi Association

THE LIVING STONES PROJECT

The Russell-Cotes Museum will hold an exhibition of the project later this year.

Do you have any experience in exhibition work, visual display or art and design? If so, please let us know.

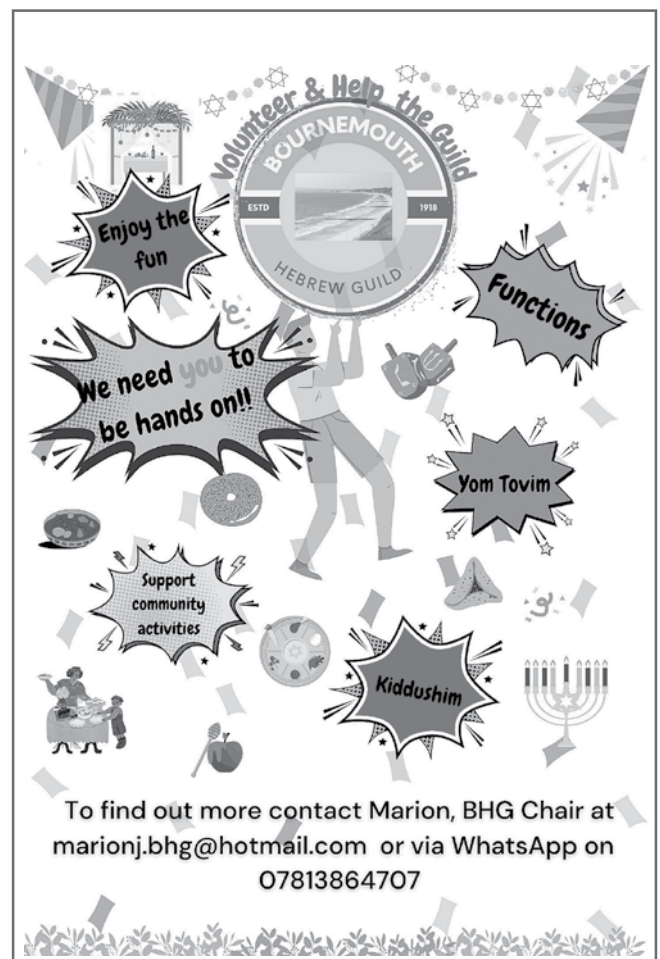
Please share with us any interesting Jewish Bournemouth stories that can be added to the **Living Stones** website.

The Living Stones

The Jewish Cemeteries of Bournemouth and Poole

Barbara Lurie, 07932 123116, barbara.lurie@bhcsul.co.uk

Howard Freeman, 07866 736640
howard.freeman@bhcsul.co.uk



JEWISH BOOK WEEK

From David Grossman to Mel Brooks via Israel, Britain and the USA

The 75th year of Jewish Book Week was indeed a festive occasion. The programme seemed even more extensive than in previous years, including several free sessions both live and as webinars.

Many of us who attend the week in its now firmly established 'home' in Kings Place, are a little concerned about the demography of the attendees.

In this year's programme however there were sessions with young Jewish comedians, pop music, Hebrew Children's literature, AI, jazz, new Jewish playwrights and an event with author, Ben Markovits for under 30s only.

As one of the ever increasing older participants, I was overwhelmed with the breadth of topics and of the literary celebrities whose knowledge continue to inspire us. I spent both Sundays at KP and registered for many online sessions during the week.

I also joined a walk around the City of London, which traced its Jewish history relating to literature.

My first session – On Israel and Palestine – was with the Israeli author and journalist David Grossman who was not only much applauded but given a standing ovation which seldom happens at JBW.

And my last session was Mel Brooks – The Almost 100 Year Old Man, a joyful exploration of his life and times, including a 'live' number from the current West End production of The Producers. Those two examples alone demonstrate the variety of topics on offer.

My personal programme included topics on Israel

today, Yiddish literature and culture, Jewish history from ancient times to the present, the Jewish contribution to the arts in the UK, a history of British cinema, faith after 7 October, Israeli and European literature, Israeli and British politics, music, the media..... and there was more, just about anything relating to the world of Jewish literature, religious beliefs, history and the arts.....

To be in the presence of, Jewish and Non-Jewish, British, Israeli, American and other talented journalists and authors of fiction and non fiction alike, is in itself an exciting experience.

But to be able to question them over their 'bagels and smoked salmon', (specially imported kosher fare was also available), is a very special opportunity.

Then of course there was the 'library' of their books to peruse and purchase and to have them autographed by their authors!!

I have participated in other book festivals but to have access to 'our own' is a real asset, as the crowded and often sold out sessions proved .

There are criticisms one could make of course, eg not enough space to sit, eat and chat with family and friends, and indeed to read.

For me however it has been my favourite Jewish cultural week for several decades - here's to the **next 75 years of Jewish Book Week** for others to enjoy as much as I have always done.

Susan Goldstein
March 2026

BOURNEMOUTH HEBREW GUILD

Our new shul kitchen's journey has been a wild one! First, it was a dusty, unfinished space, then it was stripped to its bare bones for a revamp, and now it's back as two kitchens, a Meat one and a Parve & Milk one.

There are still a few finishing touches to go, however since 1st November 2025 the team have managed to produce kiddushim.

Amazingly Katarina (Webb) has made sure that Cholent has been a constant every Shabbat bar one.

Despite the chaos, our team rallied to host a memorable reception and three Afternoon Teas following Stone Settings.

We transformed the space into a warm hub, serving up food, tea, and community spirit. It wasn't perfect, but it was ours.

Huge thanks to everyone who helped get us through those chaotic weeks. We are pleased with our kitchen's progress as we head to first night Pesach and organising a Seder.

We recently rolled up our sleeves to help get our new Meat kitchen ready for a special occasion – and it was no small feat!

The space was still a work in progress, covered in dust and missing some key bits, but that didn't stop us. With a can-do spirit, we tackled the challenge head-on.

A huge shout-out to everyone who pitched in – your energy and hard work made it all possible.

We're excited to see the kitchen in full swing and can't wait to share more events with you all!

Marion Reichwald



Pesach Sameach

from everyone at CST



Pesach is a profound annual reminder of family, of tradition and how every Jewish household connects with others, not just in Britain but all over the world. The Haggadah story we tell at our dinner tables is one of persecution and liberation, darkness and light. This year it all feels especially emotional, given what we and our fellow Jews have faced in Britain, Australia, Israel and many other places.

The troubles that we have faced since the mass murder attack in Israel on 7 October 2023 have caused deep fear and uncertainty. Here in Britain, terrorism struck a synagogue on Yom Kippur. In Australia, it was a beach at Chanukah. And now, at the next festival, at Pesach, we honour the memories of those who should have been enjoying another seder night with their families but whose absences will instead be felt in the deepest and most cruel way.

Despite all of the pain, Jewish life in Britain and many other countries, is not just continuing, but in many ways flourishing, with a determination to stand firm to our values and heritage. At CST, this

makes us even more proud of our work and our mission. We are stronger than ever before, with many hundreds of men and women having passed our rigorous training and joining CST. Our strength reflects the courage of our community, because that is where each and every member of CST comes from.

CST's drive is rooted in Community, in Security and in Trust, but it is only ever made possible by the support and participation of British Jews and our communities throughout the UK. We rely on you, your vigilance, reporting, volunteering and financial support. There are many ways you can support CST. You can contribute by becoming a volunteer, reporting antisemitism and suspicious behaviour or by donating to us.

From all of us at CST, we wish you and your families a **Chag Pesach Sameach**; and we hope that when we gather again next year, it is with a better outlook ahead.

MARK GARDNER MBE
CST CHIEF EXECUTIVE

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AN OPTIMISTIC OUTLOOK

Following the passing of her husband, Martin z"l, Barbara Tobias contemplated moving from Bournemouth to be nearer to her son and his family who live in Bristol.

However fate took a hand and one morning, recounted here with humour, whilst getting ready for the day, she fell.

Barbara was taken to Poole hospital where it was found she had broken her hip. Rather than return to her home on the East Cliff, with the help of her family she moved into the care village she had previously investigated to recuperate.

She now resides there permanently, participates with many of the activities on offer and is very happy to be near her family.

Opposite is her first poem which well illustrates Barbara's positive attitude to life.

Barbara Tobias

My First Poem

It only took one second,
One second to change my life.
My left big toe got tangled up with
my right big toe
And my brain couldn't untie it.
So I fell, bang, crash, goodbye life.
Six weeks since my Martin died,
Trying to build a good life.

BUT NOW

I've painted a picture, written a poem,
rung a bell, and I am not alone.
Maybe G-d masterminded that fall.
After all, it only took one second.

REBBETZEN MIRIAM'S PESACH RECIPE



A "BIG APPLE" TORTE

A light sponge with a juicy apple filling.

- Makes one 9½" / 24cm torte
- Will cut into 10 generous portions
- Keeps 3 days under refrigeration Freezer 1 month
- Cook 55 minutes at 180c / 350f / Gas mark 4

Ingredients:

For the cake

- 3 eggs
- 200g / 7oz Castor Sugar
- 175ml / 6 fluid oz Passover Oil
- 75g / 3 oz potato flour
- 75g / 3oz Cake Matzo meal
- 1 and a half 5 ml spoon / 1½ tsp Passover Baking Powder

For the filling:

- 3 baking apples, approx 675g / ½ pound
- 3 x 15ml sp / 3 tbsp Granulated Sugar mixed with 15ml sp / 1 tsp of cinnamon
- To scatter on top – Granulated sugar + icing sugar for dusting

Method:

- **Preheat** the oven to 180 C / 350F / Gas Mark 4
- **Grease** 23-24 (9"-9½") spring form or round loose bottomed tin at least 4cm / 1½" deep
- **Prepare filling:** Peel and core the apples, grate them coarsely into a bowl then add the cinnamon and sugar and mix well together.
- **Using an electric whisk:** Whisk the eggs and sugar until thick and lemon coloured, then whisk in the oil, followed by the dry ingredients.
- **Using a food processor:** Process eggs and sugar for 2 minutes. Pour in the oil processing until it disappears then pulse in dry ingredients until mixture is smooth.
- Pour half the mixture into the prepared tin and smooth it level. Smooth the apple filling evenly on the top, then cover with the remainder of the sponge mixture. Sprinkle granulated sugar on top of batter.
- Bake for 55 minutes, until well risen and firm to gentle touch in the centre.
- Leave on cooling tray until cold, carefully move from tin. Dust with icing sugar.

Rebbetzen Miriam Lewis

PERSONAL

JESNER – RABBI ADRIAN and **PAMELA JESNER** would like to say how much they appreciated the good wishes sent and prayers recited by Rabbi Alan Lewis and all members of the Bournemouth Hebrew Congregation during and after Rabbi Jesner's recent open heart surgery.

LEVEY – Adrian thanks Rabbi Lewis, friends and members of BHC for their good wishes during his recent stay in hospital and his recuperation.



Bournemouth Jewish Support Services – Time Does Fly

I have been looking back at the BJSS update we published in the Spring Community Magazines five years ago when we had just marked the first year of the pandemic.

Some things, like our core purpose to support elderly and vulnerable people across our Community, as well as the wide range of services we are able to provide remain the same, but much has evolved over that time.

- We continue to help a wide range of Clients, many with multi-dimensional issues and challenges, typically between 60 and 70 Clients at any one time. Over the last quarter, we opened 15 Client cases and resolved or completed 10 cases.
- We have found that we have increasingly been called on to provide more support and signposting, to supplement or even substitute for over-stretched or increasingly limited public services.
- To keep up with our evolving scope of activities, we have expanded the range and scale of our Volunteer training and development, including Dementia Awareness, Bereavement Support, Adult Social Care amongst others, all delivered by external experts and trainers.
- We have had a number of Volunteer retirements, and we are grateful for the role our past Volunteers have played in supporting the Community. We have recruited some, but not enough, new Volunteers, and are always very happy to hear from anyone interested in joining our excellent team. Please do contact us if you'd like to find out more.
- We have a new range of resources, including: our explanatory, yellow leaflet; our dealing with officialdom booklet; updated donation cards.
- We took a significant step by becoming a Registered Charity, appointing three very knowledgeable and highly supportive Trustees and an Honorary Solicitor. This has also enabled us to register under the Gift Aid programme.
- We have further developed our relationships with the synagogues and congregations, and maintain a robust, external network including the NHS, Councils, and selected compatible Charities.

We are here for you. To get in touch, email us at info@bjss.org.uk, contact us via the enquiry form on our website www.bjss.org.uk, or call us on **01202 298817**.

Janet Gee, Tova Citron, Zara Pinner, Jan Opas, Janet Gilbert, Michele Perry. **BJSS Admin Team**

HOSPITAL VISITING

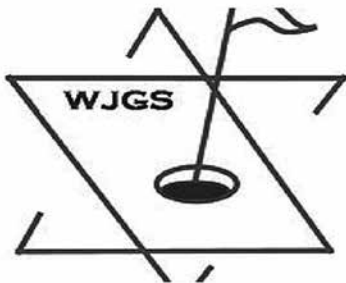


PLEASE INFORM THE OFFICE IF YOU, A MEMBER OF YOUR FAMILY OR A FRIEND IS IN HOSPITAL AND WOULD LIKE TO BE VISITED.

BECAUSE OF DATA PROTECTION LAW, THIS INFORMATION IS NOT GIVEN TO THE SYNAGOGUE OR TO OUR TEAMS OF VISITORS TO THE HOSPITALS.

TO ENSURE THAT EVERYONE HOSPITALISED IS CONTACTED PLEASE PASS ON DETAILS AS SOON AS POSSIBLE.

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DIARY

April

Wednesday 1st	First Seder Night
Thursday 2nd	First Day Pesach – Second Seder Night
Friday 3rd	Second Day Pesach
Shabbat 4th	Chol Hamoed Pesach
Wednesday 8th	Seventh Day Pesach
Thursday 9th	Eighth day Pesach (Yizkor)
Shabbat 11th	Shemini Mevarachim Ha Chodesh
Sunday 12th	Stone Settings Throop The late Mr Brian Samuels z”l – 1pm The late Mrs Carole Dworkin o”h – 2pm
Tuesday 14th	Yom Hashoah
Friday 17th	First Day Rosh Chodesh Iyar
Shabbat 18th	Second Day Rosh Chodesh Iyar Tazria-Metzorah
Sunday 19th	AM Bournemouth Hebrew Guild AGM March of Life – 3pm CCJ Event – An Exodus Story – 7.30pm
Tuesday 21st	Yom Hazikaron
Wednesday 22nd	Yom Ha’atzmaut
Shabbat 25th	Acharei Mot-Kedoshim
Sunday 26th	Stone Setting Throop The late Mrs Audrey Kneller o”h – 2.30pm

May

Shabbat 2nd	Emor
Tuesday 5th	Lag B’Omer
Shabbat 9th	Behar-Bechukotai Shabbat Chazzak
Sunday 10th	Synagogue AGM
Friday 15th	Yom Yerushalayim
Shabbat 16th	Bamidbar Mevarachim Ha Chodesh
Sunday 17th	Rosh Chodesh Sivan
Thursday 21st	Tikkun Leil
Friday 22nd	First day Shavuot
Shabbat 23rd	Second day Shavuot -Yizkor
Shabbat 30th	Nasso

June

Shabbat 6th	Beha’alotcha
Sunday 7th	BCHC Special Event
Shabbat 13th	Shelach Mevarachim Ha Chodesh
Monday 15th	Rosh Chodesh Tammuz
Tuesday 16th	Rosh Chodesh Tammuz
Shabbat 20th	Korach
Shabbat 27th	Chukat-Balak
Sunday 28th	Stone Setting Throop The late Mrs Shirley Hamilton o”h – 2pm

July

Thursday 2nd	Fast of 17th Tammuz
Shabbat 4th	Pinchas
Sunday 5th	Stone Setting Throop The late Mr Paul Dean z”l – 2.30pm
Shabbat 11th	Mattot-Massei Mevarachim Ha Chodesh
Sunday 12th	Stone Setting Throop The late Mrs Fay Hamper o”h – 11am
Wednesday 15th	Rosh Chodesh Av
Shabbat 18th	Devarim
Thursday 23rd	Fast of 9th Av
Shabbat 25th	Vaetchanan

August

Shabbat 1st	Ekev
Shabbat 8th	Re’eh (MH)
Thursday 13th	Rosh Chodesh Ellul
Friday 14th	Rosh Chodesh Ellul
Shabbat 15th	Shoftim
Shabbat 22nd	Ki Tetze
Shabbat 29th	Ki Tavo

September

Shabbat 5th	Nitzavim-Vayelech
Sunday 6th	First Selichot Stone Setting Throop The late Mr David Scott z”l – 12 noon
Shabbat 12th	First Day Rosh Hashanah
Sunday 13th	Second Day Rosh Hashanah
Monday 14th	Fast of Gedalia
Shabbat 19th	Ha’azinu-Shabbat Shuva
Sunday 20th	Kol Nidrei
Monday 21st	Yom Kippur (Yizkor)
Shabbat 26th	First day Sukkot
Sunday 27th	Second day Sukkot

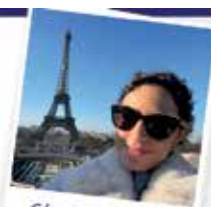
October

Friday 2nd	Hoshana Rabbah
Shabbat 3rd	Shemini Atzeret (Yizkor)
Sunday 4th	Simchat Torah

“Cancer
doesn't
care
how old
you are...”



Riding into
a new chapter



Charlotte in Paris



L'Chaim with Mum



The Girls



Coastal Walks



Night Out



New Beginnings

I found out I had lymphoma on 9th February 2024. I was in shock. At 35, how could I have cancer? I didn't know anyone my age who had been through it.

Making that first call to Chai was difficult, but everyone there was either in the same boat as me or was there to help people like me.

What an amazing place. Chai truly cares for everyone and helped me get my life back on track. ♡

Wishing you a happy and kosher Pesach

Charlotte



Over the last 10 years, the number of young people supported by Chai has increased by more than 200%.

For more information on our extensive range of specialised services and care across the UK, please call our Freephone helpline on 0808 808 4567 or visit www.chaicancercare.org



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